Choice of effective prostate cancer treatment

**Prostate cancer treatment** depends upon the type of disease and location of cancer. It can be either localized, locally advanced or advanced. The task of a doctor is to determine if cancer spread outside of the prostate or not. On the advanced stage of the disease other parts of the body are involved.

The person can choose the type of **prostate cancer treatment** when discussing the condition with a doctor. Treatment should be performed under careful doctor’s supervision.

Much depends upon the first **prostate cancer treatment**. It determines the efficacy of therapy in the future. The best result is when you do not need **prostate cancer treatment** any longer though this does not happen frequently.

The doctor advises an active surveillance in the case of slow-growing prostate. When that happens there are almost no changes in the organism and the disease does not progress. The doctor should constantly monitor the condition of the patient. **Prostate cancer treatment** should affect person’s life. It is important to avoid possible side effects.

Radical prostatectomy is appointed when prostate gland should be removed for **prostate canсer treatment**. This treatment is suitable only when the person is healthy and has problems with prostate gland that contains cancer.

Alternatively eternal beam radiotherapy can be applied to get rid of cancer. X-ray beams are applied to damage the cancer cells. It is done to prevent them from growing. There is no universal solution for **prostate cancer treatment**. The doctor can appoint just external beam therapy or apply it after surgery. Combination of different methods can be used effectively to achieve the goal. The person looks how the body reacts to different procedures and chooses the ones that work for sure.

Cancer cells can be destroyed by temporary brachytherapy. The essence of **prostate cancer treatment** is application of high dose rate radiation for a few minutes. The other term for it is high dose rate brachytherapy.

Different method is used in HIFU **prostate cancer treatment**. HIFU is high intensity focused ultrasound. It destroys damaging cancer cells via heating. The method has not been explored in the long term yet. For this reason, this treatment is applied as a part of clinical trial.

Opposing to HIFU, cryotherapy belongs to **prostate cancer treatment** that works by means of freezing and thawing. The goal of the method is to kill the cells of the disease in the prostate. Other terms for the disease is cryosurgery, cryotherapy. This treatment is innovative and requires additional research. It is available only in some medical centres at present.

Hormone therapy is an additional **prostate cancer treatment** that helps to relieve the condition of the patient. It is not able to cure cancer and applied for control only. Use it for management of symptoms.

Chemotherapy is one of the most wide-spread therapies applied nowadays. The patient takes anti-cancer drugs to destroy the cancer cells. This **prostate cancer treatment** will not rid you of the disease, but this can be an effective way to delay the symptoms. Patients can prolong life considerably using it.

Apart from methods mentioned here, there are other treatments that do not let cancer spread. Some of them are under clinical trials now. Medical research is conducted to determine how to diagnose, prevent and treat the disease. Many people participate in research. As a result of it, best **prostate cancer treatment** can be found.

State-of-the-art prostate clinics in Germany work effectively to provide prostate removal. The treatment is run under the direction of world class specialists in accordance with the latest scientific findings. All foreign patients can get excellent medical care. Foreign patients stay in the atmosphere of comfortable environment and are provided with everything necessary for treatment.

**Prostate cancer treatment** abroad shows great result. Even patients with advanced tumours demonstrate it. The survival rate is rather high.