План работы:  
   
[**Введение.**](file:///E:\%D0%A0%D0%B0%D0%B1%D0%BE%D1%82%D0%B0%20%D0%B2%20%D0%98%D0%BD%D1%82%D0%B5%D1%80%D0%BD%D0%B5%D1%82%D0%B5\%D0%A4%D1%80%D0%B8%D0%BB%D0%B0%D0%BD%D1%81\%D0%94%D0%B8%D0%BF%D0%BB%D0%BE%D0%BC%D0%BD%D0%B0%D1%8F%20%D0%BF%D0%BE%20%D0%BF%D1%81%D0%B8%D1%85%D0%BE%D0%BB%D0%BE%D0%B3%D0%B8%D0%B8\%D0%B4%D0%B8%D0%BF%D0%BB%D0%BE%D0%BC%D0%BD%D0%B0%D1%8F%20%D1%80%D0%B0%D0%B1%D0%BE%D1%82%D0%B0.docx#_Toc461653111)

[**Глава 1. Теоретические аспекты исследования влияния тревожности детей дошкольного возраста на готовность к школе.**](file:///E:\%D0%A0%D0%B0%D0%B1%D0%BE%D1%82%D0%B0%20%D0%B2%20%D0%98%D0%BD%D1%82%D0%B5%D1%80%D0%BD%D0%B5%D1%82%D0%B5\%D0%A4%D1%80%D0%B8%D0%BB%D0%B0%D0%BD%D1%81\%D0%94%D0%B8%D0%BF%D0%BB%D0%BE%D0%BC%D0%BD%D0%B0%D1%8F%20%D0%BF%D0%BE%20%D0%BF%D1%81%D0%B8%D1%85%D0%BE%D0%BB%D0%BE%D0%B3%D0%B8%D0%B8\%D0%B4%D0%B8%D0%BF%D0%BB%D0%BE%D0%BC%D0%BD%D0%B0%D1%8F%20%D1%80%D0%B0%D0%B1%D0%BE%D1%82%D0%B0.docx#_Toc461653112)[**1.1. Понятие психологической готовности к школе в трудах отечественных и зарубежных  
исследователей.**](file:///E:\%D0%A0%D0%B0%D0%B1%D0%BE%D1%82%D0%B0%20%D0%B2%20%D0%98%D0%BD%D1%82%D0%B5%D1%80%D0%BD%D0%B5%D1%82%D0%B5\%D0%A4%D1%80%D0%B8%D0%BB%D0%B0%D0%BD%D1%81\%D0%94%D0%B8%D0%BF%D0%BB%D0%BE%D0%BC%D0%BD%D0%B0%D1%8F%20%D0%BF%D0%BE%20%D0%BF%D1%81%D0%B8%D1%85%D0%BE%D0%BB%D0%BE%D0%B3%D0%B8%D0%B8\%D0%B4%D0%B8%D0%BF%D0%BB%D0%BE%D0%BC%D0%BD%D0%B0%D1%8F%20%D1%80%D0%B0%D0%B1%D0%BE%D1%82%D0%B0.docx#_Toc461653113)[**1.2. Теоретические подходы к проблеме тревожности.**](file:///E:\%D0%A0%D0%B0%D0%B1%D0%BE%D1%82%D0%B0%20%D0%B2%20%D0%98%D0%BD%D1%82%D0%B5%D1%80%D0%BD%D0%B5%D1%82%D0%B5\%D0%A4%D1%80%D0%B8%D0%BB%D0%B0%D0%BD%D1%81\%D0%94%D0%B8%D0%BF%D0%BB%D0%BE%D0%BC%D0%BD%D0%B0%D1%8F%20%D0%BF%D0%BE%20%D0%BF%D1%81%D0%B8%D1%85%D0%BE%D0%BB%D0%BE%D0%B3%D0%B8%D0%B8\%D0%B4%D0%B8%D0%BF%D0%BB%D0%BE%D0%BC%D0%BD%D0%B0%D1%8F%20%D1%80%D0%B0%D0%B1%D0%BE%D1%82%D0%B0.docx#_Toc461653114)[**1.3. Психолого-педагогическая характеристика старшего дошкольного возраста.**](file:///E:\%D0%A0%D0%B0%D0%B1%D0%BE%D1%82%D0%B0%20%D0%B2%20%D0%98%D0%BD%D1%82%D0%B5%D1%80%D0%BD%D0%B5%D1%82%D0%B5\%D0%A4%D1%80%D0%B8%D0%BB%D0%B0%D0%BD%D1%81\%D0%94%D0%B8%D0%BF%D0%BB%D0%BE%D0%BC%D0%BD%D0%B0%D1%8F%20%D0%BF%D0%BE%20%D0%BF%D1%81%D0%B8%D1%85%D0%BE%D0%BB%D0%BE%D0%B3%D0%B8%D0%B8\%D0%B4%D0%B8%D0%BF%D0%BB%D0%BE%D0%BC%D0%BD%D0%B0%D1%8F%20%D1%80%D0%B0%D0%B1%D0%BE%D1%82%D0%B0.docx#_Toc461653115)[**1.4. Влияние тревожности детей дошкольного возраста на готовность обучения в школе.**](file:///E:\%D0%A0%D0%B0%D0%B1%D0%BE%D1%82%D0%B0%20%D0%B2%20%D0%98%D0%BD%D1%82%D0%B5%D1%80%D0%BD%D0%B5%D1%82%D0%B5\%D0%A4%D1%80%D0%B8%D0%BB%D0%B0%D0%BD%D1%81\%D0%94%D0%B8%D0%BF%D0%BB%D0%BE%D0%BC%D0%BD%D0%B0%D1%8F%20%D0%BF%D0%BE%20%D0%BF%D1%81%D0%B8%D1%85%D0%BE%D0%BB%D0%BE%D0%B3%D0%B8%D0%B8\%D0%B4%D0%B8%D0%BF%D0%BB%D0%BE%D0%BC%D0%BD%D0%B0%D1%8F%20%D1%80%D0%B0%D0%B1%D0%BE%D1%82%D0%B0.docx#_Toc461653116)

[**Глава 2. Эмпирическое исследование особенностей влияния тревожности детей дошкольного возраста на готовность к школе (на примере школы)**](file:///E:\%D0%A0%D0%B0%D0%B1%D0%BE%D1%82%D0%B0%20%D0%B2%20%D0%98%D0%BD%D1%82%D0%B5%D1%80%D0%BD%D0%B5%D1%82%D0%B5\%D0%A4%D1%80%D0%B8%D0%BB%D0%B0%D0%BD%D1%81\%D0%94%D0%B8%D0%BF%D0%BB%D0%BE%D0%BC%D0%BD%D0%B0%D1%8F%20%D0%BF%D0%BE%20%D0%BF%D1%81%D0%B8%D1%85%D0%BE%D0%BB%D0%BE%D0%B3%D0%B8%D0%B8\%D0%B4%D0%B8%D0%BF%D0%BB%D0%BE%D0%BC%D0%BD%D0%B0%D1%8F%20%D1%80%D0%B0%D0%B1%D0%BE%D1%82%D0%B0.docx#_Toc461653117)[**2.1. Организация и планирование эмпирического исследования особенностей влияния  
тревожности детей дошкольного возраста на готовность к школе.**](file:///E:\%D0%A0%D0%B0%D0%B1%D0%BE%D1%82%D0%B0%20%D0%B2%20%D0%98%D0%BD%D1%82%D0%B5%D1%80%D0%BD%D0%B5%D1%82%D0%B5\%D0%A4%D1%80%D0%B8%D0%BB%D0%B0%D0%BD%D1%81\%D0%94%D0%B8%D0%BF%D0%BB%D0%BE%D0%BC%D0%BD%D0%B0%D1%8F%20%D0%BF%D0%BE%20%D0%BF%D1%81%D0%B8%D1%85%D0%BE%D0%BB%D0%BE%D0%B3%D0%B8%D0%B8\%D0%B4%D0%B8%D0%BF%D0%BB%D0%BE%D0%BC%D0%BD%D0%B0%D1%8F%20%D1%80%D0%B0%D0%B1%D0%BE%D1%82%D0%B0.docx#_Toc461653118)[**2.2. Методы эмпирического исследования особенностей влияния тревожности детей  
дошкольного возраста на готовность к школе.**](file:///E:\%D0%A0%D0%B0%D0%B1%D0%BE%D1%82%D0%B0%20%D0%B2%20%D0%98%D0%BD%D1%82%D0%B5%D1%80%D0%BD%D0%B5%D1%82%D0%B5\%D0%A4%D1%80%D0%B8%D0%BB%D0%B0%D0%BD%D1%81\%D0%94%D0%B8%D0%BF%D0%BB%D0%BE%D0%BC%D0%BD%D0%B0%D1%8F%20%D0%BF%D0%BE%20%D0%BF%D1%81%D0%B8%D1%85%D0%BE%D0%BB%D0%BE%D0%B3%D0%B8%D0%B8\%D0%B4%D0%B8%D0%BF%D0%BB%D0%BE%D0%BC%D0%BD%D0%B0%D1%8F%20%D1%80%D0%B0%D0%B1%D0%BE%D1%82%D0%B0.docx#_Toc461653119)

[**Глава 3. Анализ результатов проведенного исследования особенностей влияния тревожности детей дошкольного возраста на готовность к школе.**](file:///E:\%D0%A0%D0%B0%D0%B1%D0%BE%D1%82%D0%B0%20%D0%B2%20%D0%98%D0%BD%D1%82%D0%B5%D1%80%D0%BD%D0%B5%D1%82%D0%B5\%D0%A4%D1%80%D0%B8%D0%BB%D0%B0%D0%BD%D1%81\%D0%94%D0%B8%D0%BF%D0%BB%D0%BE%D0%BC%D0%BD%D0%B0%D1%8F%20%D0%BF%D0%BE%20%D0%BF%D1%81%D0%B8%D1%85%D0%BE%D0%BB%D0%BE%D0%B3%D0%B8%D0%B8\%D0%B4%D0%B8%D0%BF%D0%BB%D0%BE%D0%BC%D0%BD%D0%B0%D1%8F%20%D1%80%D0%B0%D0%B1%D0%BE%D1%82%D0%B0.docx#_Toc461653120)

[**Выводы и рекомендации по совершенствованию формирования психологической готовности у детей с тревожностью**](file:///E:\%D0%A0%D0%B0%D0%B1%D0%BE%D1%82%D0%B0%20%D0%B2%20%D0%98%D0%BD%D1%82%D0%B5%D1%80%D0%BD%D0%B5%D1%82%D0%B5\%D0%A4%D1%80%D0%B8%D0%BB%D0%B0%D0%BD%D1%81\%D0%94%D0%B8%D0%BF%D0%BB%D0%BE%D0%BC%D0%BD%D0%B0%D1%8F%20%D0%BF%D0%BE%20%D0%BF%D1%81%D0%B8%D1%85%D0%BE%D0%BB%D0%BE%D0%B3%D0%B8%D0%B8\%D0%B4%D0%B8%D0%BF%D0%BB%D0%BE%D0%BC%D0%BD%D0%B0%D1%8F%20%D1%80%D0%B0%D0%B1%D0%BE%D1%82%D0%B0.docx#_Toc461653121)

[**Заключение.**](file:///E:\%D0%A0%D0%B0%D0%B1%D0%BE%D1%82%D0%B0%20%D0%B2%20%D0%98%D0%BD%D1%82%D0%B5%D1%80%D0%BD%D0%B5%D1%82%D0%B5\%D0%A4%D1%80%D0%B8%D0%BB%D0%B0%D0%BD%D1%81\%D0%94%D0%B8%D0%BF%D0%BB%D0%BE%D0%BC%D0%BD%D0%B0%D1%8F%20%D0%BF%D0%BE%20%D0%BF%D1%81%D0%B8%D1%85%D0%BE%D0%BB%D0%BE%D0%B3%D0%B8%D0%B8\%D0%B4%D0%B8%D0%BF%D0%BB%D0%BE%D0%BC%D0%BD%D0%B0%D1%8F%20%D1%80%D0%B0%D0%B1%D0%BE%D1%82%D0%B0.docx#_Toc461653122)[**Список литературы**](file:///E:\%D0%A0%D0%B0%D0%B1%D0%BE%D1%82%D0%B0%20%D0%B2%20%D0%98%D0%BD%D1%82%D0%B5%D1%80%D0%BD%D0%B5%D1%82%D0%B5\%D0%A4%D1%80%D0%B8%D0%BB%D0%B0%D0%BD%D1%81\%D0%94%D0%B8%D0%BF%D0%BB%D0%BE%D0%BC%D0%BD%D0%B0%D1%8F%20%D0%BF%D0%BE%20%D0%BF%D1%81%D0%B8%D1%85%D0%BE%D0%BB%D0%BE%D0%B3%D0%B8%D0%B8\%D0%B4%D0%B8%D0%BF%D0%BB%D0%BE%D0%BC%D0%BD%D0%B0%D1%8F%20%D1%80%D0%B0%D0%B1%D0%BE%D1%82%D0%B0.docx#_Toc461653123) **Приложения**