Оригинал: https://www.marieclaire.ru/psychology/36-faktov-o-megan-markl-o-kotoryih-vyi-nikogda-ne-slyishali/

41 facts from Meghan Markle biography you never knew

In 2016, a Canadian actress Meghan Markle was only known as the star of Suits, and now the whole world has heard about her. During the following 5 years, she has managed to marry Prince Harry and become a part of the royal family. She would later leave the Albion and give an interview to Oprah Winfrey, in which she talked about what she had to endure in the golden cage of the old monarchy. On August 4, 2022, the Duchess of Sussex will turn 41 years old. On this occasion, we talk about the most unexpected details from the Duchess of Sussex' life.

She used to work as calligrapher

Before getting her first roles, Meghan worked as a calligrapher in between auditions. In an interview with Esquire magazine, the actress admitted that her propensity for getting the cursive down pretty well evolved into some kind of pseudo-waitressing job: “I didn't wait tables. I did calligraphy for the invitations for, like, Robin Thicke and Paula Patton's wedding."

"The calligraphy's super-lucrative. Because there are so few people doing it," - Meghan said. She still keeps her father’s letter she got after getting her first role. She added: "I'm glad that in the land of no one seeming to appreciate a handwritten note anymore that I can try to keep that alive."

She was "found" at a party

At least, that's what one of the actress' managers says, according to whom Meghan Markle was an intern at the US embassy in Buenos Aires.

Her first role...

...Was on "General Hospital" (2002), where she appeared as nurse Jill. Debut actress would later appear in "CSI: NY" and "Castle". After that, she got roles in feature films.

Meghan is a woman of the world

Meghan often calls herself a cosmopolite. She finished Northwestern's school of communication with a bachelor's degree and a double major in theater and international studies. She would later spend a whole month on an “Eat, Pray, Love”-type adventure in Italy. In short, the prince's spouse likes to travel, find new people and get to know foreign cultures. These traits were quite useful to Meghan Markle while she still was a member of the royal family.

Is not afraid to work a lot

On the front page of her now-defunct lifestyle blog named "The Tig", Meghan wrote that she never wanted to be one of those ladies who constantly rests, always wanting to be a hard-working woman instead.

Indeed, the character of Rachael Zane she played in "Suits" suits Meghan's own personality quite well. Besides her acting career, before the wedding, Meghan was also engaged in humanitarian work: she acted as an ambassador for the organization World Vision Canada, that helps visually impaired children, and was also an UN Women activist.

Meghan isn't her real name

The Duchess of Sussex was actually born under the name of Rachel Meghan Markle in Los Angeles on August 4, 1981; however her parents always called her by her middle name or “Meg” for short, and over time it became a habit.

She wanted to become an actress since childhood

Meghan's passion for acting was sparked at a very young age, when her father took her to the set of the television series "Married... with Children", where he worked as a lighting director. Megan's mother, on the contrary, has nothing to do with the world of cinema: she works as a yoga instructor.

Is able to compromise

In April 2017 Meghan Markle shut down her lifestyle blog, which gave journalists a reason to believe that the relations between her and Prince Harry were serious. It's a well-known fact that royal brides are supposed to avoid publicity before marriage, so Ms Markle obviously showed her flexibility and followed the royal protocol.

Isn’t shy from swearing

In one of her blog posts, Megan described a pumpkin fondue she tried a few years ago as "the best fucking thing I've ever eaten."

Worked at US embassy in Argentina

Meghan worked as an intern at the US Embassy in Buenos Aires at the age of 20 with the help of her uncle, a former diplomat. The Duchess said that this experience helped her a lot in later life.

Meghan had been struggling with self-identity

Her mother is African-American and her father is Irish-Dutch. Due to that, as Megan admitted, it was difficult for her to realize who she really was. “My mother is 100% black,” as she told Ebony magazine. “And when people find out “that girl” on Suits is her daughter, there is often this disconnect and sometimes disbelief. It took me a long time to find myself.”

She already had a divorce

In 2011, Megan married film producer Trevor Angelson, whom she had been dating for seven years. Young people got married in sunny Jamaica, but soon their marriage turned out to be not joyful. Just two years later, Trevor and Megan divorced.

She advocated for feminism since childhood

Megan became a feminist activist at the age of 11. Back then, she was deeply offended by the soap advertisement that used the "woman in the kitchen" archetype, and wrote a letter to the First Lady of the US Hillary Clinton, as well as other politicians. In it, she complained that this advertisement violated the principles of gender equality. The advertisement was soon removed.

Has no issues talking about physiology

In March of this year, Meghan wrote an exclusive essay for Time, in which she talked in great detail about how periods can affect a woman's potential. "We need to rise above our puritanical bashfulness when it comes to talking about menstruation", claimed the actress.

Loves homemade food... and beer

Before shutting her blog, Meghan was regularly posting all kinds of family cooking recipes, as well as talking about her favorite dishes. Among them was a dessert:

a hot chocolate with red wine, that, as the actress claimed, was "combining two of every lady's classic loves, wine and chocolate." At the same time, Meghan is also fond of more regular drinks. For example, a beer, a photo of drinking which she even posted on her Instagram.

Hates retouching

Megan admitted that she hates when her skin tone is changed or freckles are removed in photos with her. Her hate for retouching probably stems from the fact that Meghan grew up in an interracial family. In her casting surveys for instance, her ethnicity read as “Not defined.”

She faced racism and sexism from the media

In the fall of 2016, Prince Harry made an unprecedented move: he released a statement through the Kensington Palace press office, in which the royal offspring insistently asked the press to leave his beloved alone. Press Secretary Jason Knauf said the following:

“Prince Harry is worried about Ms. Markle's safety and is deeply disappointed that he has not been able to protect her. It is not right that a few months into a relationship with him that Ms. Markle should be subjected to such a storm. He knows commentators will say this is 'the price she has to pay' and that 'this is all part of the game'. He strongly disagrees. This is not a game - it is her life and his."

Media bullying was one of the reasons Meghan and Harry decided to step away from royal family duties in 2021. The Dukes of Sussex would later tell Oprah Winfrey in an interview, that the former actress was even pushed to the brink of suicide because of media accusations.

Loves Paris

Meghan is a big fan of the French capital. The future duchess once wrote in her blog: "The food, the accent, the je ne sais quoi of the women with their inherent chicness – I sigh un petit peu just typing this."

Serena Williams is her best friend

The actress and tennis player became friends in 2016 when Serena one day just approached Meghan and said they should have some fun together. "We hit it off immediately,” Meghan wrote on her since-deleted blog The Tig, “taking pictures, laughing through the flag football game we were both playing in, and chatting not about tennis or acting, but about all the good old fashioned girly stuff. So began our friendship. She quickly became a confidante I would text when I was traveling, the friend I would rally around for her tennis matches, and the down to earth chick I was able to grab lunch with just a couple weeks ago in Toronto"

Believes one should love themselves

On her first Valentine's Day spent with Prince Harry, Meghan posted a photo from a year ago when she was still single with the following comment: "I think you need to be your own Valentine." She added “I think you need to cook that beautiful dinner even when it’s just you. Wear your favourite outfit, buy yourself some flowers, and celebrate the self love that often gets muddled when we focus on what we don’t have."

Meghan's birthday is also a day of introspection

Before becoming a duchess, Meghan had been publishing a personal post on each birthday of every year, in which she was reflecting on her life. For example, in 2014, when the actress turned 33, the girl wrote about how happy she was after passing 30: “My 20s were brutal – a constant battle with myself, judging my weight, my style, my desire to be as cool/as hip/as smart/as ‘whatever’ as everyone else."

Полный перевод можно прочитать здесь: https://docs.google.com/document/d/1wM0kIuEjYuP3wyZRwiftWNSYB-YfyuNrrOwoHza3XOE/edit?usp=sharing