

# Psychological problems of teenagers of the 21st century

& ways of solving them

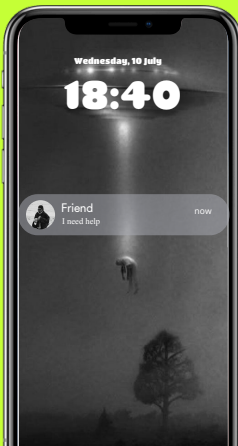


## The problem is

that sometimes every teenager feels like he or she is an astronaut in a spacesuit among ordinary earthlings who look at him or her with contempt



## The relevance



of my project is that the problems of growing up and having a good self-assessment are a part of human society regardless of its historical moment. The difficulties of becoming a full-fledged person have always been, are and will be, as we all make mistakes, drawing lessons and further life experience from them

Thanks to a new method of dealing with the teenage problems, my project will increase the level of self-confidence and comfortable staying in society by 30% by

the end of 2023

step 1

step 2

step 3

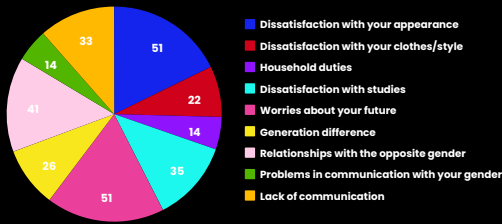
The awareness of the problem

The assessment of the problem

The ways of solving or alleviating the problem



What problems do you find the most common as a teenager?



What ways of solving teenage problems do you consider the most effective?



**72** people

from different countries from 13 to 19 years old participated in my social survey about teenage problems

just

**TRY.**

→  
Even if you fail, you still can try again.  
The only true failure is when you stop trying.

**my further plans are**

to familiarize modern teenagers with my recommendations by translating them into the different languages and publishing them on the Internet

it will allow teenagers to reveal their abilities and talents, make the right choice of profession and create a family in the future

**thank you!**